

GYMNASTICS CLASSES

Our gymnastics classes are on a **Wednesday** evening, and on a **Saturday** morning. All are for those wishing to learn or improve their gymnastics skills. Our qualified coaches will teach you on the floor, beams, bars, vault, trampoline and mini-trampette in a fun, friendly and safe environment. These classes are for **boys** and **girls** of all abilities.

How to apply:

Complete the application form, and send it to :
Cheam Gymnastics Club to:

Cheam G.C.
13 The Mount
Worcester Park
Surrey KT4 8UD.

Or alternatively, hand it in at the desk.
We will contact you and advise you of places available.

Cost: £7.50 per session, payable 1/2 termly in advance.

There is also an annual membership fee of £30 which includes insurance.

**Venue: CHEAM HIGH SCHOOL
CHATSWORTH ROAD
CHEAM SM3 8PW**

**Wednesdays 5.30 – 6.30 (up to 8yrs)
6.30 – 7.30 (over 8yrs)
7.30 – 8.30 (over 12yrs)**
**Saturdays 9.30 – 10.30am (8-10)
10.30 – 11.30am (10+)
11.30 – 12.30pm (4-8+)
12.30 – 1.30pm (4- 8+)**

TRAMPOLINING CLASSES

Our trampolining sessions are on **Friday** evenings and **Saturdays**. These are for beginners wishing to learn, or novices wishing to improve their trampoline skills. Our qualified coaches will teach you in a fun, friendly and safe environment. These classes are for boys and girls of all abilities.

How to apply:

Complete the application form, and send it to :
Cheam Gymnastics Club to:

Cheam G.C.
13 The Mount
Worcester Park
Surrey KT4 8UD.

Or alternatively, hand it in to the desk.
We will contact you, and advise you of places available.

Cost: £7.50 per session, payable 1/2 termly in advance.

There is also an annual membership fee of £30 which includes insurance.

**Venue: CHEAM HIGH SCHOOL
CHATSWORTH ROAD
CHEAM SM3 8PW**

**Fridays 6 – 7pm (5 – 10yrs)
7 – 8pm (11+ & advanced)**
**Saturdays 9.30am—10.30am
10.30am—11.30am
11.30am—12.30pm
12.30pm—1.30pm**

Application Form

Indicate the classes) required

- Gymnastics Wednesday
 Gymnastics Saturday

 Trampolining Friday
 Trampolining Saturday

Time

All class numbers are limited, and spaces subject to availability

Name

Address

Phone

Phone (Mobile)

email:

Child's name:

Boy Girl

Date of birth:

Any medical conditions:

CHEAM GYMNASTICS CLUB

Cheam Gymnastics/Trampoline Club
13 The Mount
Worcester Park
Surrey KT4 8UD

Tel: 020-8394-2102

Fax: 020-8786-8201

Email: cheamgymnastics@btinternet.com