

GYMNASTICS CLASSES

Our gymnastics classes are on a **Wednesday** evening, and on a **Saturday** morning. All are for those wishing to learn or improve their gymnastics skills. Our qualified coaches will teach you on the floor, beams, bars, vault, trampoline and mini-trampette in a fun, friendly and safe environment. These classes are for **boys** and **girls** of all abilities.

How to apply:

Complete the application form, and send it to :
Cheam Gymnastics Club to:

Cheam G.C.
13 The Mount
Worcester Park
Surrey KT4 8UD.

Or alternatively, hand it in at the desk.
We will contact you and advise you of places available.

Cost: £8.00 per session, payable 1/2 termly in advance.

There is also an annual membership fee of £30 which includes insurance.

**Venue: CHEAM HIGH SCHOOL
CHATSWORTH ROAD
CHEAM SM3 8PW**

**Wednesdays 5.30 – 6.30 (up to 10yrs)
6.30 – 7.30 (over 10yrs)
7.30 – 8.30 (over 12yrs)**
**Saturdays 9.30 – 10.30am (8-10)
10.30 – 11.30am (10+)
11.30 – 12.30pm (4-8+)
12.30 – 1.30pm (4- 8+)**

TRAMPOLINING CLASSES

Our trampolining sessions are on **Friday** evenings and **Saturdays**. These are for beginners wishing to learn, or novices wishing to improve their trampoline skills. Our qualified coaches will teach you in a fun, friendly and safe environment. These classes are for boys and girls of all abilities.

How to apply:

Complete the application form, and send it to :
Cheam Gymnastics Club to:

Cheam G.C.
13 The Mount
Worcester Park
Surrey KT4 8UD.

Or alternatively, hand it in to the desk.
We will contact you, and advise you of places available.

Cost: £8.00 per session, payable 1/2 termly in advance.

There is also an annual membership fee of £30 which includes insurance.

**Venue: CHEAM HIGH SCHOOL
CHATSWORTH ROAD
CHEAM SM3 8PW**

**Fridays 6 – 7pm
7 – 8pm**
**Saturdays 9.30am—10.30am
10.30am—11.30am
11.30am—12.30pm
12.30pm—1.30pm**

Application Form

Indicate the classes) required

- Gymnastics Wednesday
 Gymnastics Saturday

 Trampolining Friday
 Trampolining Saturday

Time

All class numbers are limited, and spaces subject to availability

Name

Address

Phone

Phone (Mobile)

email:

Child's name:

Date of birth:

Boy/Girl:

We will endeavour to run all classes, but reserve the right to combine or cancel where demand is insufficient. If classes are full, and you are prepared to wait, you will be placed on our waiting list until a space becomes available.

CHEAM GYMNASTICS CLUB

Cheam Gymnastics/Trampoline Club
13 The Mount
Worcester Park
Surrey KT4 8UD

Tel: 020-8394-2102

Email: cheamgymnastics@btinternet.com

www.cheamgymnastics.co.uk